

# e-designs

**Sisters of St. Joseph of  
Carondelet  
April 28th, 2017**

**Next issue May 5th**

## **SAVE THE DATE**



### **Open House Medaille Community**

Tomorrow, April 29th  
Anytime between  
1:00 and 4:00 p.m.  
2028 W. 24th Street  
Los Angeles, CA 90018



### **Beautiful Names of God in the Qu'ran**

Sunday, April 30th  
2:00 – 5:00 p.m.

Given by Sr. Marianne Farina, CSC  
Mount Saint Mary's Doheny,  
Donohue Center



### **How Shall We Live? Toward a Prophetic Response**

Sister Nancy Sylvester  
July 5 -7, 2017

[Flyer](#)

## May 1st - Feast of St. Joseph the Worker

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his coming Monday, on the Feast of St. Joseph the Worker, we will remember the humble carpenter who quietly and faithfully responded to God's call.

Our Congregation bears his name so we may apply ourselves to imitating the example of our glorious patron by the constant practice of humility and charity, and by serving our neighbor with the same fidelity as that with which the illustrious patriarch served Jesus and Mary.

May we all remember all the quiet workers among us for our labor turns visions into achievements for humankind. ❖

## Extraordinary Chapter Delegation from HI and LA



## Body, Mind, Spirit- The Health and Wellness Resource Office (HWRC)

The Health and Wellness Resource Office (HWRC) will now be featured in e-designs every other week. We plan to provide educational information that will keep you healthy and assist you to navigate the health care system. Our bodies, minds and spirits are one. Each component influences the other. Therefore, we need to keep each component well-tuned and balanced to be at our best.

We realize that much information is available on the internet. However, when something happens to us or to a loved one, we may not be in the mental or emotional space to be able to access what we need immediately. Hopefully, when an emergency happens, you will know what to do. What are the signs of a heart attack or stroke?

We have a responsibility to ourselves and to one another. Welcome to this column. If you want particular topics covered, please e-mail [mpetrone@csjla.org](mailto:mpetrone@csjla.org). ❖

~ Submitted by Sister Maureen Petrone, CSJ

## Alexandria House's 9th Annual Women Speak Luncheon

Please join us for Alexandria House's 9th Annual Women Speak Luncheon, featuring the Honorable Jackie Goldberg. Ms. Goldberg's illustrious career has included California State Assemblywoman, teacher in the Compton Unified School District, President of the Los Angeles School Board, and Founding Member of the California Legislative LGBT Caucus, among other notable achievements. She was also a leader in the Free Speech Movement at Berkeley and was featured in the documentary, "Berkeley in the Sixties."

Along with members of the Alexandria House community, Ms. Goldberg will help us celebrate the transformational power of women's words.

Tickets are \$95 per person, with tables and sponsorships available. For more information, please visit [www.alexandriahouse.org](http://www.alexandriahouse.org). ❖

~ Submitted by Sister Judith Vaughan, CSJ

# NEWS

**Find the following by clicking on the NEWS button above.**

- ❖ Read the latest Noticiero from our Sisters in Peru
- ❖ Pope Francis Video on the "Revolution of Tenderness"

## For Sisters & Associates

**Click on button above for:**

- ❖ Note and photo from Sister Joann Heinritz, CSJ regarding Sister Dorothy Stack, CSJ's recovery
- ❖ Thank you note from Sister Margaret M Murray, CSJ
- ❖ May Birthdays
- ❖ Directory update for Marjorie Uhling, CSJA

### PRAYERS PLEASE



#### **When Your Friends Need Prayer**

The Sisters of St. Joseph created the website-prayersplease.com. Anybody may request prayers anonymously and free of charge. ❖

# Remembering

**Please remember our friends and relatives who have recently died:**

- Mary Taylor, mother of Marilyn Dean-Blazon, CSJA
- Sister Carol Marie Kelber, CSJ of Orange
- Mary Lou Wolford, cousin of Sister Estelle Marie Kroger, CSJ 3/31
- Sister Grace Maertens, CSJ (SP) 4/26



## Calls to Action ENGAGEMENT PROCESS

As we enter this post-Extraordinary Congregational Chapter Time, may we: Recognize the importance of working for the good of the Whole for the sake of the Mission.

Read daily our Constitution’s call to “trust in one another’s goodness.” Trust processes that led to the recommendations of the Extraordinary Chapter and the work of the Spirit in them.

Move forward in the mind- and heart-set of communal discernment-- when we hold one opinion, imagine holding the opposite. Think to myself, “I could be wrong.”

Ask myself, “Is my motive a focus on Mission, or does it come from some other place in me?” ❖

~ Submitted by Sister Kieran Vaughan, CSJ



**May 6**

1:00 p.m. - 6:00 p.m.

**May 7**

9:00 a.m. - 3:00 p.m.

Visitation Parish Hall

**Editor’s Note:**

Last week we erroneously wrote “It worked our” instead of “It worked out” in Sister Kathleen Harris’ statement on the power outage during Sister Helene Wilson’s funeral service. ❖

## MSMU Graduation Mass

You are all cordially invited to Mount Saint Mary’s University Graduation Mass for the Class of 2017. Msgr. Clem Connolly, Trustee, will preside and Fr. George O’Brien, Chaplain, will concelebrate. The Mass is scheduled for Monday, May 8th (Undergraduate Commencement Day) 9:30 a.m. in St. Vincent’s Church next to the Doheny campus, on the corner of Adams and Figueroa in Los Angeles, CA.

Sisters of St. Joseph will have special seating in the church, so please let us know you are coming! Mass should conclude by 10:45 a.m. allowing you plenty of time to go on to the afternoon’s Graduation ceremony. To RSVP or if you have questions, contact Sister Joan Mary O’Dwyer [jodwyer@msmu.edu](mailto:jodwyer@msmu.edu) or call 310.954.4125 by Wednesday, May 3rd.

**In Addition a Request:**

Do you have pictures of you and other Sisters in your various ministry sites over the years? Both pre- and post-Vatican II? The oral history project is in need of photos! We would greatly appreciate it if you would allow us to scan your pictures for use in our short films. The CSJ Institute will start filming oral histories again later this summer and through the fall. If you are interested in participating, please contact Shannon Green at [sgreen@msmu.edu](mailto:sgreen@msmu.edu) or 213.477.2712. If you’d like to see some examples of the videos, go to [www.msmu.edu/csjinstitute](http://www.msmu.edu/csjinstitute) and click on “resources.” ❖