



e-designs

Sisters of St. Joseph of Carondelet
June 23rd, 2017

Next issue June 30th
SAVE THE DATE



Volunteer Appreciation
Carondelet Center
June 28, 2017



St Joseph Workers
Sending Forth Ceremony
Carondelet Center Chapel
June 25, 2017
4:00 – 5:00pm
Reception to follow in the Garth.
RSVP to CC Switchboard



Medaille House of Discernment

Discover who God wants you to be and what God is inviting you to do by participating in our days of discernment and prayer at Medaille House

2017

July 22, August 19, September 23,
October 14, November 18,
December 16

2018

January 20, February 10,
March 24, (Feast of St. Joseph)
April 21, May 19, June 16

For more information or to register, please contact Sister Darlene Kawulok, CSJ dkawulok@csjla.org

A New Beginning at Anna's House

Editor's Note:

Our Community awarded a grant from the Dear Neighbor Fund to help support Anna's Home. This fund offers grants to Sisters, Associates and Partners in Mission to help alleviate suffering and meet NEW unmet needs, with a preferential option for the poor.

"I had to lose everything," says Yessenia reflecting on her journey to Anna's Home, a transitional sober living residence recently opened in Paso Robles (CA) by Restorative Partners for women and children. Sister Theresa Harpin, CSJ is the Executive Director and Julia Collins is the Program Coordinator. Yessenia had some problems with the law and was at risk of being incarcerated for a long time, but her desire to put her life together and regain custody of her youngest child, lead her to Anna's House after the facility where she lived closed. "I am ready to take my time to get well;

I am living in a supportive environment where I can achieve my goals." Sara is the House manager who makes sure that chores are done by the three residents, all women, one of them has children living with her. She also conducts random drug tests. "In exchange for rent, I make sure that everyone helps out. I am also working on my addiction counseling certification." Hopefully, Anna's Home will soon get a Drug and Alcohol County contract which will help supplement costs.

For more information or to donate, please visit

<http://www.restorativepartners.org/>



L/R Julia Collins, Sara and Yessenia



For Sisters & Associates

MSMU Nursing Faculty Staff Headed for Tanzania

Village Network Africa (ViNA) is a registered nonprofit organization committed to fighting rural village poverty in Africa. It focuses on collaborative relationships with village communities, government agencies and partner organizations to develop sustainable solutions for improved health, nutrition, infrastructure, education, economic and social conditions. ViNA is the brainchild of Anita Bolwing, who attended classes at the Mount, and her husband. Anita recently reached out to Leah FitzGerald, Dean of Nursing, and offered to assist with giving information and program materials and traveling with a faculty member to the site where they would teach health promotion/disease prevention and conduct needs assessments.

She reports that infant and maternal mortality is very high in the Simanjiro region of Tanzania. "Things moved very quickly and Dr. Gloria Nwagwu, one of our faculty from Nigeria, will be going the first of July. We received some support from our Global Initiative program and MSMU will fund the rest," said FitzGerald. "The plan is to continue this experience and next year bring a few students based on grant opportunities/funding."

To learn more about ViNA, please visit vnafrica.org



- Click on button above for:**
- ❖ A note from Sister Veronica Brutosky, CSJ.
 - ❖ Directory Changes

NEWS

Find the following by clicking on the NEWS button above.

- ❖ Diocese of San Diego job offering
- ❖ Mary & Joseph Retreat Center-Summer Retreats

Quote

*This oneness,
This in-breaking
of the reign of
Love, is in fact,
the new
consciousness
coming to birth.*

Pat Farrell, OSF

Remembering

Please remember our Sisters and Associates who have recently died:

- 6/19 Sister Mary Ann Lavin, St. Louis, MO.
- 6/19 Sister Grace Ann Loperena, CSJ Los Angeles, CA.
- 6/21 Sister Eleanor Eagan, CSJ Los Angeles, CA.

Please remember our friends and relatives who have recently died:

- 6/16 Theresa Perriera, mother of Sister Margaret Perriera, CSJ.

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Pilgrimage to Le Puy

Seventeen pilgrims completed the journey from Annecy to Le Puy to Lyon (France) titled "In the Footsteps of our Founders," delving deeply into our CSJ roots. The group included faculty, staff, alumnae and trustees of Mount St. Mary's University, leadership from Our Lady of Peace and three CSJs. They were blessed by the presence of Sisters Suzanne Jabro, Joann Heinritz and Pat Foster, as well as CSJ Associate Janne Shirley. Highlights included visiting the Kitchen and the new exhibit of our history in Le Puy, as well as the gravesite of Mother St. John Fontbonne. Under the leadership of our President, Ann McElaney-Johnson, each pilgrim found inspiration, spiritual nourishment and a community of fellow companions on the journey. Thanks for your prayers for our safe travels! For more photos, check out the MSMU and CSJ Institute Facebook pages!

Submitted by Shannon Green, Director of MSMU CSJ Institute





Health & Wellness

Women and Heart Attacks (Myocardial Infarction/ MI)

You may have read this before, but life-saving advice is worth reading more than once!

Did you know that women rarely have the same dramatic symptoms that men have when experiencing heart attack? You know, the sudden stabbing pain in the chest, the cold sweat, grabbing the chest and dropping to the floor that we see in the movies?

Here is the story of one woman's experience (an ER nurse) with a heart attack. "I had a completely unexpected heart attack at about 10:30 pm with NO prior exertion; NO prior emotional trauma that one would suspect might've brought it on. I was sitting all snugly and warm on a cold evening, with my purring cat in my lap, reading an interesting story my friend had sent me, and actually thinking, "A-a-h, this is the life, all cozy and warm in my soft, cushy Lazy Boy with my feet propped up."

[Click to read the full article.](#)

(Once clicked, scroll down to read the article)

Congratulations Class of 2017

Saint Joseph High School

We pay tribute to the Sisters of St. Joseph of Carondelet and thank them for their support, guidance, and inspiration. We will continue to live the charism and mission of the CSJs and Saint Joseph High School.

Saint Joseph High School, Class of 2017

All of Which Woman is Capable

Saint Joseph High School | 4815 N Woodruff Avenue | Lakewood, California 90713 | 562.936.6333 | sjhs@csjla.org

Have You Seen Us on Facebook?

- [Click here](#) to see our recent posts without becoming a member of Facebook.

Vocation Materials

The Vocations Committee has requested that some "small" reflections be submitted in e-designs on a weekly basis for CSJs and Associates.

This reflection was taken from an LCWR Occasional Papers article written by Ted Dunn, PhD. entitled, Contemplative Reflections of "Younger" Members.

Is it challenging for you to "think-out-of-the-box"? When the Holy Spirit energizes you to voice this newness, act on an invitation to welcome diverse thinking from newer members, do you respond to the invitation of the Spirit?

Please share the fruits of your reflections with the Vocation Committee and the Congregation.

With your permission we will publish your responses here. Please send them to dkawulok@csjla.org

