

LOS ANGELES PROVINCE

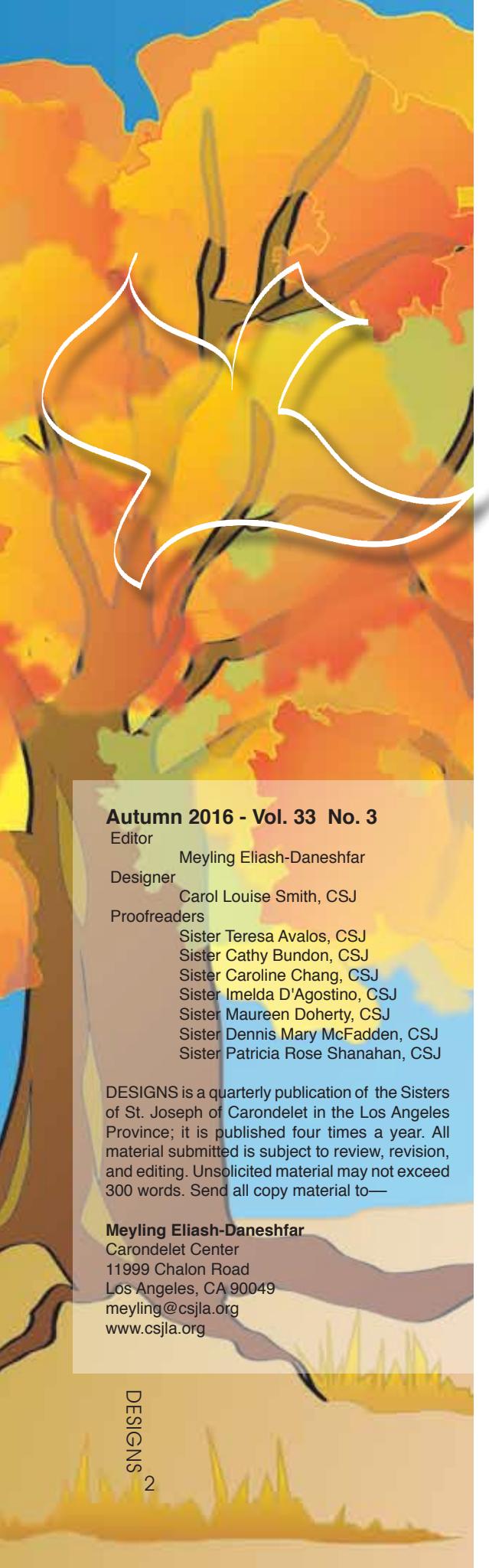
DESIGNS

SISTERS OF ST JOSEPH OF CARONDELET AND FRIENDS

FALL 2016

We live
by Holy
Breath
and
Hovering
Wings...

Carol L Smith, CSJ



Contents

DEPARTMENTS

| | |
|---|---|
| Administration Letter | 3 |
| Mission Advancement— Advancing the Mission | 4 |

FEATURES

| | |
|--|----|
| A Call To Art and Beauty | 16 |
| An Unexpected Calling | 8 |
| Breath that I Breathe | 14 |
| "Compartir" ...to Share | 12 |
| Circle the City Receives High Marks | 6 |
| Living the Dream | 10 |
| Nineteenth Century Nursing | 18 |
| On the Cover | 23 |
| Remembering | 23 |
| Sabbatical-A time for Listening | 20 |
| Sister Power | 22 |
| What's in a Name | 17 |

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From the Leadership Team

Dear Sisters, Associates, and Friends,

In the heat of this election year, when we are subjected to much rhetoric and unsubstantiated promises, it is fitting that this issue of Designs is devoted to ministry—telling the stories of those serving others.

Tim Kaine, in his first public speech as the Democratic nominee for Vice-President, quoted his Jesuit high school's motto, "Men for others." That is indeed what a politician is supposed to be—a public servant, dedicated to alleviating the needs of others and furthering the betterment of humankind. The Sisters we read about in this issue truly know what it means to be "women for others." Their dedicated service flows from the fundamental religious promises which are named by the church the Evangelical Counsels.

The vows of religious poverty, chastity (celibacy), and obedience are the unique 'marks' of religious life, distinguishing that life from the lives of humanitarians, lay missionaries, public servants, etc. Public vows say that this person professes to live a life for others. This was the mission of Jesus, the perfect "Man for Others," and is truly countercultural in a society that expounds the egocentric value of being on top, whether it's in politics, finance, fame, or power. Ministry has a beginning and an end; living the vows does not. This is why a vowed religious never truly retires. For a Sister of St. Joseph, living for God in service of the dear neighbor never ends.



Angela Faustina, CSJ



Mary Ann Martin, CSJ



Sandra Williams, CSJ



Suzanne Jabro, CSJ



Theresa Kvale, CSJ

As nature moves from summer to fall, as our country moves toward a change in leadership, as we are faced with changes in our own lives, may we be blessed with steadfastness and fidelity to the mission of spreading the great Love of God in our world.

Lovingly,

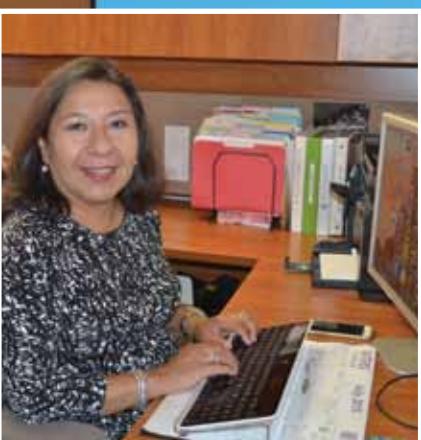
Sisters Angela, Mary Ann, Sandra, Suzanne and Theresa

Mission Advancement

Advancing the Mission

*I*t is hard to believe that the ninety-three days of summer are almost behind us. Yet, many of us are not quite ready to put away the sandals and the beach towels. If you are one of those sun-seeking individuals, or know someone who could use some time in paradise, be sure to get your tickets for our "Hawaii Calls". This wonderful opportunity to win a vacation for two (including eight days and seven nights, airfare, hotel and \$300 credit at selected resort restaurants) in Maui is brought again by the William H. Hannon Foundation. They have been supporting us since 1993. Tickets sold at www.csjla.org

And for those of you ready for the cooler months, be sure to mark your calendars for our Annual Angel Boutique (Nov. 12-13, 2016) sponsored by Holy Family Community and the Mission Advancement Department. We are gathering quality handcrafted and home baked goods as well as other beautiful items for you to purchase for the special people in your life.



Meyling Eliash-Daneshfar,
Editor

Finally, we invite you to visit our redesigned website at www.csjla.org where you will find up-to-date information about our ministries, activities, values and more.

May God bless you today and everyday. ♦♦

~ Written by Meyling Eliash-Daneshfar,
Interim Director, Mission Advancement Department

Hawaii Calls

Win A Pleasant Holidays Vacation for two on the Island of Maui

Second Prize \$1,000 • Third Prize \$500 will be awarded

Drawing will be held on October 4, 2016

Thank you for supporting the Sisters of St. Joseph of Carondelet Ministry Fund

Charitable Services Permit # V5235

Circle the City Receives High Marks —for Health Resources and Services Administration



Good news to share from Circle the City! CTC's first HRSA (Health Resources and Services Administration) site visit took place recently and resulted in a perfect score, 19 out of 19 A+. At the wrap-up meeting CTC's Federal Project Manager stated she "felt like a proud mother" noting only 3% of all health centers nationally score perfectly and even fewer on their first site visit. With the opening of the Parson's Family Health Clinic last September CTC became a FQHC (Federally Qualified Health Center). This allows the organization to receive federal grants under the Public Health Service Act and qualify for reimbursement from Medicare and Medicaid. This new designation established requirements that would be measured periodically through a three-day on site operational visit.

The purpose of the site visit is to review compliance with the 19 program requirements in areas of clinical, fiscal, administrative and governance. HRSA reviewers spent their time in Phoenix working one on one with CTC leadership, in conversation with the Board of Directors and observing at the Respite Center, Parsons Family Health Clinic and the mobile exam unit.

As they toured our facilities and interacted with the team, reviewers commented on the organic nature of the front line staff to gravitate toward quality improvement and assurance, noting staff actively sought opportunities to improve upon existing processes. They further highlighted several key staff sharing how impressed they were with the attention to detail and continual outreach to close a loop.

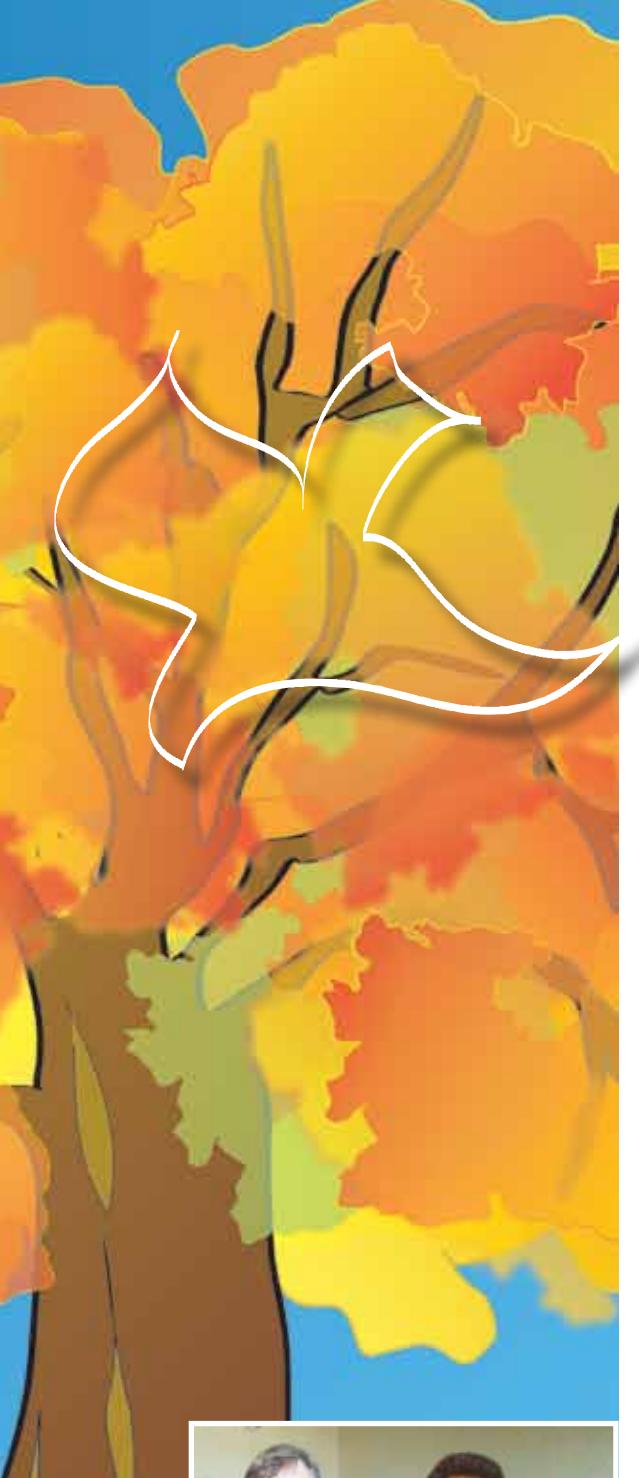
CTC's leadership team and Board of Directors spent countless hours in preparation and providing organizational communication around the visit. This allowed staff to feel comfortable engaging with the reviewers and showing off the great work they do at Circle the City!

Circle the City is a 501(c)(3) public charity founded in 2008 by Sister Adele O'Sullivan, CSJ, MD, to fill the unmet medical needs of the most acutely ill and injured men and women experiencing homelessness in Maricopa County. ☺

~ Submitted by Tammy Rocker, Chief Development Office
Circle the City



Tammy Rocker, Chief Development Office
Circle the City



An Unexpected Calling

Dialogue and pray with people of other faith traditions whose mission and hopes are compatible with our mission.

~ *Calls to Action p. 8*

*A*rriving at the home of the Kmhmu leader, Khamphieu, I found the living room filled with men sitting on the floor. There was one couch and both the priest who had invited me and I sat on it. Being greeted by the community I immediately felt a tug at my heart. I listened to what they had to say, much of it having to be translated. I told them that I was not the appropriate person to minister with them as I did not speak their language or know their culture. Their answer to me was "We want you!" I felt in my heart that I had been called. Thus began a ten year amazing and challenging relationship. Their simplicity of life, sense of community and support of one another was inspiring.

I learned much about the passion of Jesus and the meaning of the paschal mystery through their stories of escape from war torn Laos. These stories of survival were heart wrenching. The depth of the human spirit's resiliency was evident.

Many could read and write Lao but fewer were able to read and write Kmhmu. In addition, the group came from different parts of Laos and there were some language differences including how they recited the Creed, Our Father and the Hail Mary. It took a year of meetings among the elders to agree on a common wording in their language.



Sister Diane Smith, CSJ

The following is a quote from the group. 'We came to be Catholic in Laos because God had sent good people to work with us and teach us about God. God sent a Catholic Priest to help us when we were poor and needed the help of someone. We needed medicine, food and clothes. God was there to fulfill our need. Thus, we decided to believe in the Catholic Church. To be Catholic is to be like Jesus who helped the poor. God helped us when we were poor and lowly.' ☩

~ Written by Sister Diane Smith, CSJ



Points to Ponder

We all belong to a culture and interpret reality through its lenses. We may never understand or accept another's culture unless we have first discovered our own.

* Though language, food, clothing and celebrations are important expressions of a culture, they are but the very tip of the iceberg.

* We cannot speak for another culture, though we can be a bridge.

* We can gain new insights about God and life by experiencing another culture's celebration and expression. It gives us new ways of seeing.

* The celebrations and popular religiosity can be means of both catechizing and evangelizing the culture.

* We can never be fully enculturated into another's culture.

* Don't be color blind! Appreciate all the shades of skin color and rejoice in the Creator's palette.

* We cannot lump people together because they are from the same country. There are many different cultural expressions among Latinos, Laotians, Chinese, Native Americans and Blacks to name but a few.

* There is a language of the heart.

* It is important to learn the language of the people with whom we work but it is not essential. Language is not enough. Culture must also be understood. ☩

Living the Dream



GiftinG

Isn't it great the way God surprises us with so many gifts? I had the pleasure of going back to St. Mary's Academy to celebrate their 50th year anniversary in Inglewood, CA and it was more than I could ever have imagined. I was overwhelmed with the beauty of all of the school's new architectural designs, meeting the gracious and hospitable principal, and most importantly seeing old and dear friends, faculty and former students. The memory continues to brighten my days, reminding me of the many joyful times spent at SMA. I was overwhelmed with a sense of peace and happiness. And that was only the beginning.

My joy continued when I had the pleasure of a glorious experience as a guest at St. John Chrysostom, House of Hospitality. This lovely oasis in the city is hosted by the Harris twins, Sisters Kathleen and Colleen, CSJs and by the grace and generosity of their Pastor, Father Gonzalez. This inspirational team is a mutual admiration society, in which they bask in each other's talents and accomplishments and give thanks to God for each other. Father is so grateful to have these generous and exuberant Sisters in his parish, and they are thankful for the opportunity to establish a wonderful refuge from the hustle and bustle of daily life. It is just amazing how their creative endeavors have manifested themselves in the form of a variety of reclaimed decorations and gently used furnishings for the convent and the garden. The CSJ art gallery with works of the Sisters and Associates enhances the beauty and the spirit of the house. From the yellow and white striped second hand desk, to the hardwood floors refinished to a

DESIGNS

beautiful shine, to the reclaimed fireplace along the wall of the parlor, to the crib repurposed as a trellis for plants in the garden, to the small section of a picket fence to soften the harsh lines of the chain link fence, these diligent women have created an oasis filled with love, peace, and joy. And to top it off, their talent translates in to the kitchen, where they serve delicious home cooked meals with a large serving of gracious hospitality. This is truly an oasis in Inglewood for which we can all be very grateful. ♦♦

~ Written by Sister Fay Hagen, CSJ



I/r: Sisters Kathleen and Colleen Harris, CSJs enjoy the patio area of St. John Chrysostom House of Hospitality.



Sister Fay Hagen, CSJ

Autumn



Far right: Sister Anne Davis, CSJ

"Compartir" ...to Share

We commit ourselves to build mutually beneficial intergenerational and intercultural relationships for mission.

~ Calls to Action p. 8

Do you like our food?" This has been one of the most common questions I have been asked as I meet our "dear neighbor" in the daily walk of life in Peru. It doesn't matter what I am doing—getting my haircut, waiting for a bus, visiting in the prison, or chatting with someone as I am walking through the neighborhood. By the frequency of this inquiry, it was obvious to me that this question had a deeper significance. My response is "Sí, me gusta mucho la comida!" I love the Peruvian food! Why is it so important to know if I like Peruvian food? The answer is RELATIONSHIP. The question is not only about the food, but the deeper question is, "Do you like us? Do you accept us? Do you like being here with us?" Food is not only about eating, but also about entering into relationship with each other.

Gathering and sharing food is at the heart of life in Peru. During the month of May in our barrio called Canto Chico, the neighbors gather in a different home each night to pray the rosary and share the food the family has prepared and their desire to "compartir." The rosary typically begins with a small group of people and by the end of the prayer the home is full of neighbors, eager to "compartir!" Each night the food varies, from a soda cracker to a full rice and chicken meal based on the income level of the family. However,

each offering was equally as generous and reflected the family's deep desire to welcome us into their home to gather in prayer. Even the evening when we received a solitary soda cracker, it felt like a full banquet as we feasted in the hospitality and warm welcome of the family amidst the extreme poverty of their home. I felt blessed to be invited into their home, blessed to be nourished in the "compartir"...in the "breaking of the bread," and ultimately blessed to be sharing of ourselves with one another. "Yes, I like your food...and more importantly--yes, I like being here in Peru with you!" ☺

~ Written by Sister Anne Davis, CSJ



Compartir



Sharing



Many people today hunger for spirituality, a sense of belonging and a commitment to justice.

~ *Calls to Action* (P. 8)

A few years ago, Carondelet Artists published a bilingual collection of reflections and inspirations written by Sisters and Associates regarding the many names of God. Here is one written by Sister Joan Henehan, CSJ. Joan Henehan was raised in San Diego, but has spent more time in Los Angeles than anywhere else that she's lived. Her years in education covered all levels, and her involvement in spirituality keeps her ministering as a spiritual director and retreat leader. She loves her new home on the south side of Carondelet Center!

NAMES FOR GOD

Breath That I Breathe

Then Jesus breathed on them. ~ Jn 20:21-23

REFLECTION

Just as at the time of creation God breathed into Adam the breath of life (Gen. 2:7), at the New Creation after his resurrection, Jesus communicated the life of union with God through breath, as cited in the passage above. Webster defines breath as "life" and "spirit," and breathing as "taking air into the lungs and letting it out again—inhaling and exhaling." These definitions demonstrate to me that breathing is a dual function: receiving and giving. Isn't it true that both are crucial to living fully?

Do you remember the tragedy at Virginia Tech back in 2007? A young man had seemed to live his life without the give and take demanded by relationships; he neither communicated with his suite-mates nor took advantage of what was offered him by way of friendly overtures. The result was death! It seems that the isolation pushed him to lash out violently, and he killed thirty-three people, including himself; he injured twenty-five more. In John's biblical passage, Jesus breathed his Spirit on his followers and charged them to live the fullness of what receiving that breath would mean: to live Christ's life of forgiveness and peace, doing what Jesus did while he was on Earth, being Christ in the world today. Can we breathe in that Spirit in order to share the Breath of Life and Love with all? How can we be both receivers and givers of God's Life in our daily encounters?

BLESSING

May the blessing of God, who is the Breath that I Breathe, so inspire me this day that I may perceive those moments in which I am called to be a gracious receiver as well as a generous giver. May God's Life continue to permeate my mind, my heart, and my actions. ☩

~ Sister Joan Henehan, CSJ

To purchase this book of reflections on the "Names for God" please contact Sister Therese Denham, CSJ at 310.889.2122 or tdenham@csjla.org. \$12.00 plus shipping.

Sister Joan Henahan, CSJ



Then and NOW...

A Call to Art and Beauty



Sister Mary Nicholas Inoue, CSJ

Sister Mary Nicholas was born in Kyoto, Japan. Her parents were Russian Orthodox and Sister was baptized in that church. Her religious name is a combination of both parent's first names. When Sister began to be interested in religious life, a priest gave her a pamphlet that Sister Eva Francis Cereghino had designed and given to him. Sister Mary Nicholas phoned the number and Sister Eva Francis answered and said, "Please come and meet us."

"As young Sisters, we had access to good classes on theology with summer courses at the Jesuit University in Toyko and Notre Dame College in Kyoto."

"My favorite ministry was teaching Art and Religion at our school in Tsu. Altogether I taught for 40 years. I learned sign language and still use it in Tokyo."

At present Sister enjoys sharing with a group of women from the church and neighborhood. They meet and share about Scripture, the Church, and prayer. Past graduates gather at the convent to renew friendships and recall good times. "Art and love of beauty have always been a part of my life." Sister Barbara Mary Sanborn, CSJ described Sister "as very generous with her time and gifts, she is a welcoming, hospitable presence." ♦♦



Sister Frances Baker, CSJ

Mission Statement

The Sisters of St Joseph of Carondelet hold as their mission to continue the mission of Jesus "that all may be one,"

~ John 17:21

The members of the congregation minister in a way that:

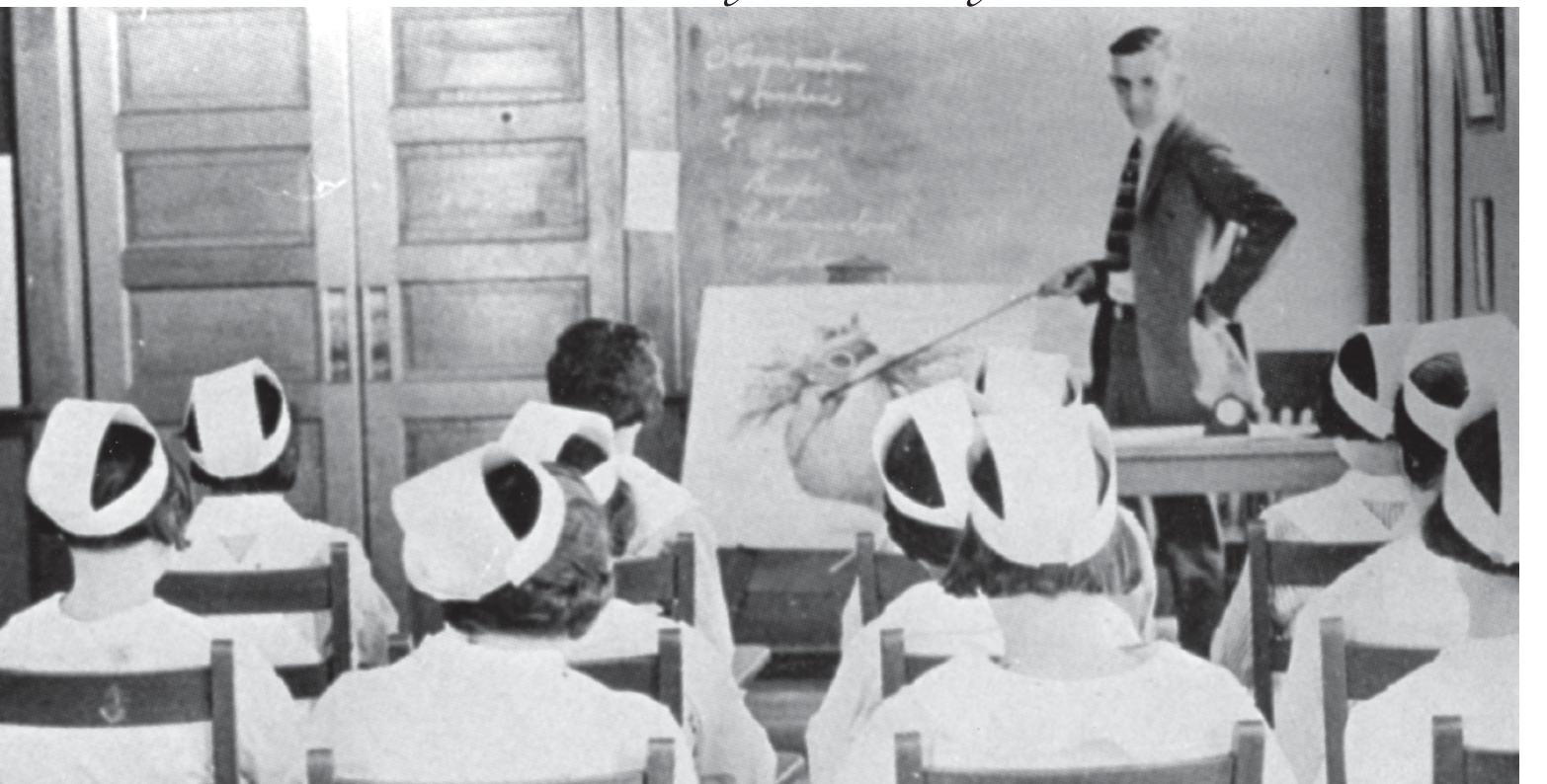
- * Heals and reconciles
- * Serves all persons without distinction
- * Makes known through their lives the gospel they proclaim
- * Enables others to assume a more active responsibility for continuing the mission of Jesus
- * Recognizes and defends the human dignity of all persons
- * Promotes justice with a particular concern for the poor.

~ Sisters of St. Joseph of Carondelet, Constitution, #20

Charism

The Spirit and Charism of the Sisters of Saint Joseph of Carondelet is unifying love. ♦♦

Nineteenth Century Nursing



St. Mary's Hospital opened the first school of Nursing in the State of Arizona.

EDITOR'S NOTE:

Throughout our history, many of our Sisters have served the dear neighbor in hospitals and clinics nursing the sick, women in labor and even in emergency care units. We took interest in the following excerpt from a Nursing Manual found by our archivists Sisters Patricia Rose Shanahan, CSJ and Anne Luis Lardizabal, CSJ.

19TH CENTURY NURSING MANUAL, COPYRIGHT 1887

In addition to caring for 50 patients, each nurse was expected to do the following:
*C*Daily sweep and mop the floor of your ward, dust the patient's furniture and windowsills. Maintain an even temperature in your ward by bringing in a scuttle of coal for the day's business. Light is important to observe the patient's condition, therefore, each day, fill kerosene lamps, clean chimneys and trim wicks. Wash windows once a week. The nurses notes are important in aiding the physician's work. Make your pens carefully, you may whittle nibs to your individual taste.

Each nurse on day duty will report every day at 7:00 a.m. and leave at 8:00 p.m. except on the Sabbath, on which day you will be off from 12:00 to 2:00 p.m.

Graduate nurses in good standing with the director of nurses will be given an evening off each week for courting purposes or two evenings a week, if you go regularly to church.

Each nurse should lay aside from each payday a goodly sum of her earnings for her benefits during her declining years so that she will not become a burden to her family. For example, if you earn \$30 a month, you should set aside \$15.

Any nurse who smokes, uses liquor in any form, gets hair done at a beauty shop or frequents dance halls will give the director of nurses good reason to suspect her worth, intentions and integrity.

The nurse who performs her labors and serves her patients and doctors without fail for five years will be given an increase of 5 cents a day, providing there are no hospital debts outstanding. •♦

~ Submitted by Sister Patricia Rose Shanahan, CSJ



Graduates of St. Mary's Hospital of Nursing (1918)





Sabbatical - A Time of Listening to the Spirit

"We believe ... the Holy Spirit within and among us which is the fruit of prayer, contemplation, and theological reflection."

~ *Calls to Action* p .7

*A*s Hawaii's Vice Provincial, I sought new ways of building hope and unity with my Sisters among many other demands. Immersing myself in leadership affairs, I failed to balance work, prayer and leisure. Finishing my term, I needed to deepen my friendship with God and refresh my CSJ history and spirituality. A sabbatical year of prayer and service would fulfill this need for contemplation.

In mid-September 2015, I embraced a hermitage retreat in the woody hills of southern Illinois. Silence and songs of nature opened me to God's heart. During the six weeks, I was so captivated by St. Teresa's *Interior Castle* that I wanted more solitary prayer time. However, my commitment to the Albany Province was awaiting me. Arriving on Halloween, I anticipated seeing the changing fall leaves and snow, but instead witnessed the joy of senior Sisters and their remarkable life-giving support for each other that extended beyond their communities.

February 2016 found me at a Trappist monastery in Vina, California.

Silence and solitude, except for daily Liturgy and chanting the Office of the Hours, prepared me for my month in Concordia, Kansas, focusing on our French origins and Medaille's "Little

Design." Cherishing these insights, I traveled to Sedalia, CO for an Ignatian retreat. Blessed by some snowy days, I prayed and played under the falling snow. Now, I volunteer at Los Angeles' Holy Family Community appreciating the specialness of each Sister.

Through my participation in varied cultural and religious traditions, the compassionate services witnessed in Sisters' care, and widespread concern for our Earth Community, now I attribute these to God's promise and providence. The greatest fruit from my sabbatical has been the passion for living out Father Medaille's Double Union - the unifying love of the Trinity and the unifying love of God with oneself, the dear neighbor and all creation through daily contemplation in action. Perhaps, God may be calling you to a more meaningful friendship via a sabbatical of prayer and service. ☩

~ Written by Sister Claudia Wong, CSJ



I/r: Sisters Miriam Clare Burkett and Claudia Wong, CSJs



Sister Claudia Wong, CSJ

Sister Power



Sister Corita Eisenbeiss, CSJ



Susan Bindell, Benefits Manager at CC

N

hen we say that the CSJs are called to "walk with those who are marginalized, especially those who live in poverty, as an essential lens in sharing resources and evaluating and forming partnerships," (*Calls to Action* p.11) we often mean it literally.

A group of Carondelet Center residents and staff are participating in a UNICEF program to walk for food for the hungry. Titled Kid Power, the program goal is to save lives by encouraging participants to get active and save lives. The Sisters invested in five step counters through UNICEF's program available at Target. (Devices are made for children so they are simple and cost \$37/each). For every 2,500 steps participants gain a point, points build up and buy food packets to feed people in areas where UNICEF works. The Sisters share these devices using them for one week at a time. Two shared devices were purchased for the Holy Family staff use. Additionally two staff members have either purchased or are wearing other devices.

Vitas Hospice Care staff, who provides care for our Sisters, joined us in their efforts and they took our sharing devices. "I am glad to be a part of this program because many people assume that when we retire, we don't do much. We do a lot of good internally and we reach out as much as possible," said Sister Corita Eisenbeiss, CSJ.

Anyone interested in joining the Sisters in this program can purchase a device from Target in person or online. Then, please contact Alma for the details of how to join the Carondelet Center "Sister Power" group. Your points will transfer to our account and we will be doing this together – it's good for you and good for others! For more information about this program go to Unicefkidpower.org ☺



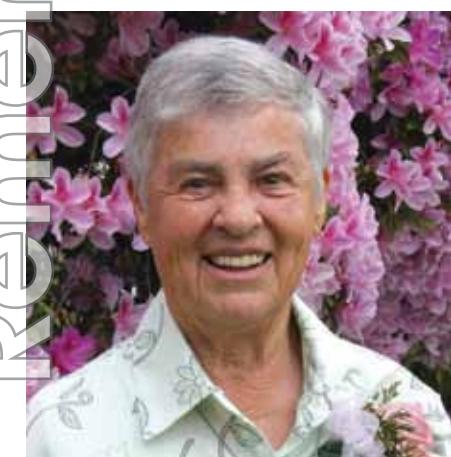
Remembering...

Our Sisters and CSJ Associates who have recently died



*
Helen McColl, CSJA
April 12, 2016

Rememberer



*
Sister Therese Donohue, CSJ
May 16, 2016



*
Sister Rose Damien Malabon, CSJ
June 29, 2016

The term "Design" has a special meaning for the Sisters of St. Joseph. It is more than 365 years old. A French Jesuit priest, Jean Pierre Medaille, met a group of single and widowed women who desired religious life and wanted to help others. The women so touched Fr. Medaille that he approached the local bishop to create a religious community of widows and single women who loved God and wanted to provide help "in all the ways in which women were capable". Medaille called this project, "the Little Design".

For five centuries, we have been both the Designed and the Designers of works that "advance the glory of God and serve the Dear Neighbor. In 2015 the "Little Design" includes all who share our charism.

May you discover within you a "Little Design" of great love, love of God, love of neighbor, love of earth. Come create with us the "Little Design" of the 21st century. ☺

~ Written by Sister Pat Nelson, CSJ

Autumn



Save the Date

November 12-13, 2016
Angel Holiday Boutique

10:00 a.m. - 3:00 p.m.

Carondelet Center
11999 Chalon Road
Los Angeles, CA 90049

ON THE COVER

When I began to work on the Autumn cover of DESIGNS, two ideas converged and became inseparable. The fiery embers of Autumn and the living breath of the Spirit.

Holy breath and hovering of wings protect and guide us where we in turn breathe in the holy and breathe out the very breath of God doing wonderous things. ☩

~ Sister Carol L Smith, CSJ
Designer

