

Prayer ★ Action ★ Reflection

Please use and share this resource to engage positively with others and pray for those at risk from government policy choices.

Hope is a state of mind, not of the world. Hope, in this deep and powerful sense, is not the same as joy that things are going well, or willingness to invest in enterprises that are obviously heading for success, but rather hope is the ability to work for something because it is good.

Vaclav Havel

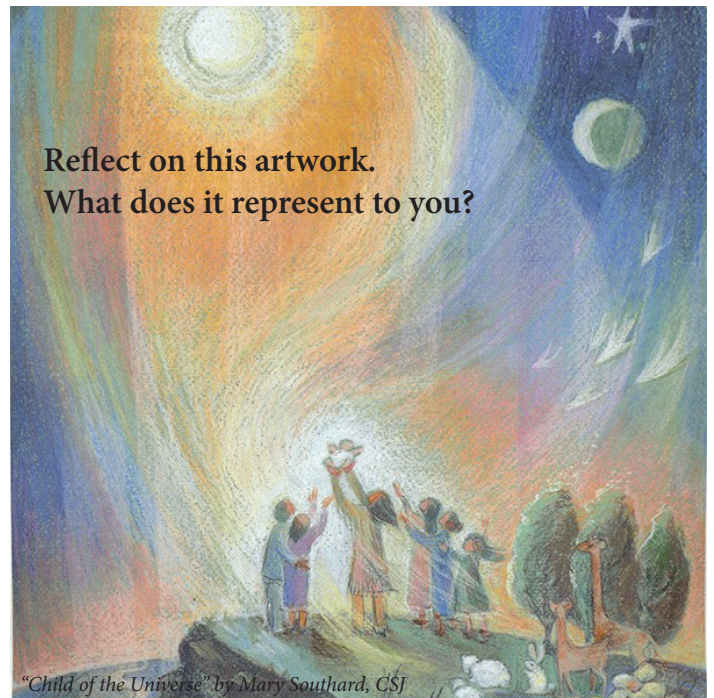
Of all the virtues, “hope” is one of the most-needed in our time. When people ask me how I stay hopeful in an era of widespread darkness, I answer simply: “Hope keeps me alive and creatively engaged with the world.”

Parker J. Palmer
Healing the Heart of Democracy

Reflecting and Sharing

Vaclav Havel writes that “hope is the ability to work for something because it is good.” Contemplate something you work for because it is good and/or because it is right.

1. How does it bring hope to you and to the universe?
2. What experiences of connection or community have you had that helped give you hope?
3. How do you welcome hope into your life?



Reflect on this artwork.
What does it represent to you?

“Child of the Universe” by Mary Southard, CSJ

