[](http://zenittheworldseenfromrome.cmail20.com/t/d-l-okrljhk-afuihihh-m/)

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| **Here are your seven activities to save the planet this week:**   * **Get a** **reusable coffee cup** **and actually use it.** * **Say “No straw, please”** **Avoid using any disposable plastic items.** * **Say “No to disposable water bottles, get a reusable water bottle** * **Please”** **Avoid using any disposable plastic items.** * **Turn off the water** **while you brush your teeth and save 5 gallons of water, more than an average citizen of Kenya uses in a day.** * **Switch off lights.** * **Recycle paper, glass and cardboard** **products.**   **Celebrate God's Earth!**  **Join us in a prayer of thanksgiving for all that God has given us on this incredible planet.** |
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From:

Adapted from Sisters of St. Joseph of Northwestern Pennsylvania

Make every day an Earth day