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| **Here are your seven activities to save the planet this week:*** **Get a** **reusable coffee cup** **and actually use it.**
* **Say “No straw, please”** **Avoid using any disposable plastic items.**
* **Say “No to disposable water bottles, get a reusable water bottle**
* **Please”** **Avoid using any disposable plastic items.**
* **Turn off the water** **while you brush your teeth and save 5 gallons of water, more than an average citizen of Kenya uses in a day.**
* **Switch off lights.**
* **Recycle paper, glass and cardboard** **products.**

**Celebrate God's Earth!****Join us in a prayer of thanksgiving for all that God has given us on this incredible planet.** |
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From:

Adapted from Sisters of St. Joseph of Northwestern Pennsylvania

Make every day an Earth day