

June 30 - July 6, 2019

SERIES 5: MAY 12 - AUGUST 19, 2019

Begin with the prayer below, then go to the prayer for the day.

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God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.	
DAY: 50 SUNDAY JUNE 30	As record numbers of people travel this summer, I pray for open eyes and a heart to recognize and appreciate the treasures You have created in our common home. Help me to nurture ecological sustainability and peace.
DAY: 51 MONDAY JULY 1	Today I pray for the people of El Salvador, Guatemala and Honduras. Heavenly God, watch over our brothers and sisters in these nations. Bless each of them with cooperation, peace and prosperity.
DAY: 52 TUESDAY JULY 2	Heavenly God, You made us in wonderful varieties. Encourage me to celebrate the uniqueness I find in others. Help me to be brave and relinquish fears of people who look and act differently than I do.
DAY: 53 WEDNESDAY JULY 3	God of abundance, as many prepare for holiday festivities, awaken me to those who do not have a home or enough food to eat. Show me a way that I may help my brothers and sisters who are hungry or displaced. Help me to act.
DAY: 54 THURSDAY JULY 4	INDEPENDENCE DAY - I pray with gratitude for freedom from tyranny and the sacrifices made by those who've come before me. May I also be grateful for interdependence, appreciate those who help me, and be alert to help others.
DAY: 55 FRIDAY JULY 5	Loving God, You know the mother, her infant and toddler children who lost their lives crossing the Rio Grande last week. I pray for their souls. Help me create a world where people do not lose their lives in search of a better one.
DAY: 56 SATURDAY JULY 6	Holy Spirit, inspire me to be a reassuring presence to benefit the psychological health of people I encounter. May Your encouragement live within me to lift up others to feel clear-headed, unafraid, valued, worry-free and loved.
OPTION TO TAKE ACTION	Contact your Representative today and ask him/her to support H.R. 2615, which addresses root causes of migration in El Salvador, Guatemala and Honduras. To find your Representative, visit https://www.house.gov/representatives/find-your-representative. Click here or copy this link to take action: http://bit.ly/100dop19A20.