

100 DAYS OF PRAYER

Jan. 26 - Feb. 1, 2020

SERIES 7: JANUARY 20 - APRIL 28, 2020

Begin with the prayer below, then go to the prayer for the day.

God of wisdom and mercy, grant us patience to listen; compassion to be open to other views and opinions; generosity to forgive and grace to change. As you taught us to love our dear neighbor, we pray that you give us strength to be healing instruments of unity and reconciliation.

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| <p>DAY: 7 SUNDAY JAN 26</p> | <p>Today I pray to find an opportunity to protect our common home from pollution and climate change. Help me to do all I can to protect vulnerable groups, including future generations, from our degradation of Your creation.</p> |
| <p>DAY: 8 MONDAY JAN 27</p> | <p>Merciful God, I ask You to be with me in the present moment so that I am not triggered by injustices that make me angry. Guide me to respond with rational thought and kindness rather than reacting in ways that hurt others.</p> |
| <p>DAY: 9 TUESDAY JAN 28</p> | <p>God of abundant love, guide me to look at the signs of the times, seek out others' needs, and respond with joyful service to anyone in need of help.</p> |
| <p>DAY: 10 WEDNESDAY JAN 29</p> | <p>Today I pray to hear the experiences of sisters and brothers of all nations and neighborhoods so that I may come to know and respect their point of view and advocate for justice in our shared institutions.</p> |
| <p>DAY: 11 THURSDAY JAN 30</p> | <p>Today I pray for the people of Puerto Rico who again face a slow recovery from a natural disaster. Show me how to advocate for this U.S. territory and provide aid for my disenfranchised fellow U.S. citizens.</p> |
| <p>DAY: 12 FRIDAY JAN 31</p> | <p>Today I pray that sex-trafficking at large events like the Super Bowl is permanently disrupted and undone.</p> |
| <p>DAY: 13 SATURDAY FEB 1</p> | <p>Compassionate God, I ask that you awaken the hearts and minds of all people to resolve the homelessness emergency. Empower communities with creative solutions and political will to restore people and neighborhoods.</p> |
| <p><i>Option to Take Action</i></p> | <p><i>Take action by finding out what is on your ballot. Visit the Sample Ballot Lookup. Click or copy this link: http://bit.ly/100dop20A02</i></p> |