



# TREK OF THE SEVEN SISTERS Pilgrimage Companion Guide

*by Mary Sloper with Mary Murphy, CSJ and Trek Committee  
design by Carol Louise Smith, CSJ*

This book tells the story of the seven Sisters of St. Joseph of Carondelet (CSJs) who traveled from St. Louis to Tucson in 1870. The book uses the diary of Sister Monica Corrigan as its basis. The journey to Tucson took 37 days, and covered 2,983 miles, with 409 of those miles in the May desert heat of California and Arizona. As you read Sister Monica’s Diary, you will read her words and see the Trek through her eyes. This book also includes the culture,

history, population, transportation, and other events in the context of the period as well as current information. Additionally, you will find maps, driving instructions, reflections, and prayers. Their journey begins in St. Louis, Missouri, and ends in Tucson, Arizona Territory. However, the majority of the story is of their Trek crossing the mountains and desert from San Diego to Tucson. Whether you use the book as a pilgrimage guide and travel the Trek yourself, or read it in the comfort of your favorite chair, you will come to appreciate the courage, perseverance, and faith these seven women had to travel on a new mission for the "dear neighbor."

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